

# **The Player Development Program**

**Mission:** To help juniors find, develop and nurture their ultimate golf potential through a team approach.

**How:** Juniors members will have access to a complete Junior Golf Development Program that will train and develop every aspect of their game including; peak physical fitness, golf skill training, the mental side of competition, course management, simulated competitions, elite competition, unlimited practice time, bio feedback training, Trackman analysis and private instruction.

Who: LPGA Class A/ Golf Channel Academy instructor Kelley Brooke
TPI Certified Dr. Jeff Poplarski
College Coach John Jordan
Clubfitter Jack Johnson

#### What:

Included in the Fall Player Development Program

- Membership— Each junior will receive a membership card, and thereby treated as a Bethpage VIP. Included:
   Unlimited range balls, a golf shirt, a golf hat, reduced private lesson rates (50% off), unlimited access to
   KVest biofeedback training, complimentary club fitting, unlimited access to the classroom and lounge, unlimited access to training aids.
- Week #1– Overall Game Assessment with Kelley Brooke, Physical Assessment with Dr. Jeff Poplarski, Range Practice with Coach John Jordan
- Week's 2-8- One hour of weekly Mobility, Stability and Strength Training. One hour of practice and play.
- Dates to be determined— (Conducted by Kelley) Mental Strength Training, On Course Management Playing Lessons, Small Group Swing Coaching with Trackman, K-Vest and V1 Analysis.
- Unlimited access to Kelley Brooke, Dr. Jeff Poplarski and Coach John Jordan.

#### When:

The Fall Program will start September 16th and will be held on Sunday afternoons until November 4th. The Winter Program will focus on fitness and golf swing maintenance. (January, February and March) The Spring Program will focus on tournament preparation (April and May)

The Summer Program will focus on competition. A quality, competitive schedule will be set that will include 2 day Met PGA events, Hurricane Tour, Drive Chip & Putt and other elite tours. (June through August).

### Fall Program Membership Fee- \$299

**To register** please fill out the attached registration form and send it to Coach John Jordan at john.jordan.bethpage@gmail.com

For questions contact either John Jordan at 516-662-1623 or Kelley Brooke at 973-632-8776 (texts only please)



# Junior Golf Player Development Registration Form (Fall 2018)

Player Name		Age	
Parent Name		Parent #2	
Address			
Parent Phone		Alternate Number	<del></del>
would like to communicat	te with his/her swing coac	es, with who? (the reason than the with your permission as to v	work on the same things)
Golf Experience			
Short Term Golf Goals (i.e	. To break 100. To get on t	he High School team)	
Long Term Goals (i.e. Coll	ege Scholarship)		
	be made out to Bethpage e ed over two months (\$150	Golf Group in September and \$149 at the	e beginning of October)
CC #		Billing Zip	
Expiration Date	CV Code		
Signature			